

What's Really Making Us Sick?

Ethylene Oxide, the Dangerous Chemical Hidden in Our Everyday Products

- Are there actually carcinogens in your personal care products?
- Can autoimmune diseases, neurological, or reproductive abnormalities be caused or worsened by the products in your home?
- Are you suffering from cancer with no family history of the disease?

Foreign Estrogens, Another Set of Unhealthy Ingredients in Commonly Used Items

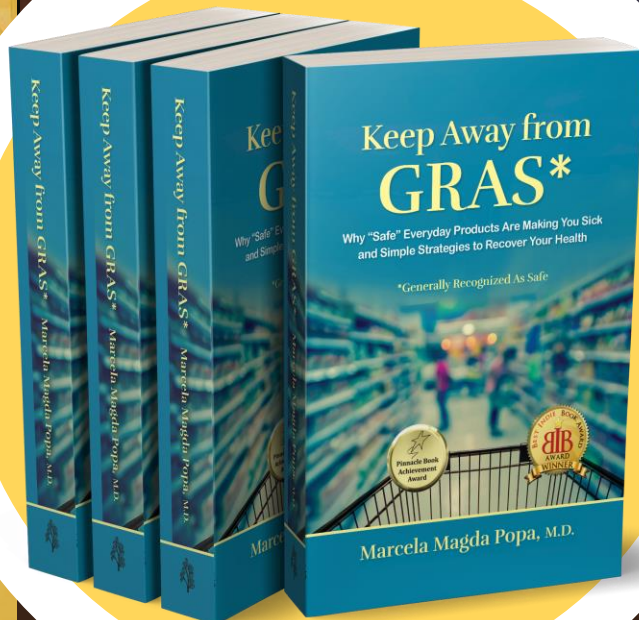
- Are your migraine headaches worsening and medications don't seem to work anymore?
- Do you fear each year's mammogram or other breast tests because they can reveal something abnormal again?
- Are you concerned about reproductive or developmental disorders?

Marcela Popa, M.D.

A specialist in Internal Medicine with twenty years of experience in patient treatment, was suffering from autoimmune arthritis when she discovered compelling correlations between the use of her personal care products and medications and adverse physical reactions.

Noticing that family members and recalling some of her patients reported similar symptoms, Dr. Popa began her quest for knowledge through intensive research on hidden chemicals in our everyday products and medicines. Her discoveries were monumental and she is now sharing the information with audiences across the country.

This will likely be changing the way many companies run their businesses, the products hotels and restaurants purchase for their clients, and the household items, foods, medicines, and personal products we choose to use in our homes and on our bodies.



Marcela Popa, M.D., is a sought-after speaker and an award-winning author of the book, ***Keep Away from GRAS*— Generally Recognized As Safe***, available on Amazon.com. Dr. Popa is a recipient of the *Best Indie Book Award*, and *Pinnacle Book Achievement Award*.



Dr. Popa is available to speak at autoimmune conferences/meetings and groups, corporate and HR, cosmetics, spa and salons, pharmaceutical companies, the hotel and restaurant industries, women's and parenting groups, etc.

Topics for Keynotes and Seminars Include:

- **What Drives Your Autoimmune Disease?**
Discover the ingredients in your cosmetics, medicines, and foods that may worsen your autoimmune symptoms.
- **Do Your Company's Products Contain Carcinogenic and Health Compromising Ingredients?**
Dr. Popa's list of healthier consumer commodities.
- **Decrease Employee Absences.**
Positively impact your company's bottom line through recognition of everyday products that are negatively impacting employee health.
- **Your Hotel Guests Deserve Products that Are Safe and Inviting.**
Address the chemicals, cleaning products, and cosmetic lines that are contributing to guests' migraine headaches and allergic reactions.
- **The Restaurant Owner's Guide to Safer Cookware, Healthier Foods and an Improved Environment for Their Clients**
- **The Danger of Estrogen Mimicking Chemicals.**
The likely connection to migraine headaches and breast abnormalities.
- **Parents, Discover the Dangerous Childhood Products that Have Long-lasting, Negative Effects.**
Dr. Popa offers safer alternatives.

**CONTACT
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