## WHAT IF THE "SAFE" PRODUCTS YOU USE EVERY DAY ARE MAKING YOU SICKER?

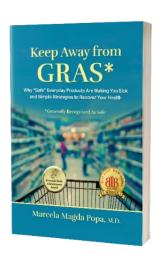


## Board Certified Internal Medicine Physician Can Explain Why and Provide Simple Strategies to Recover Your Health

**Marcela Magda Popa, M.D.,** is not only a doctor, she's a patient. Autoimmune arthritis forced her into early retirement and along with the breast abnormalities and migraine headaches, drove her to use medical and scientific research to find the environmental causes of her chronic illnesses.

In the investigation for her book, *Keep Away from GRAS*, Dr. Popa found that **G**enerally **R**ecognized **A**s **S**afe (GRAS) substances may be linked to multiple disorders, not just the ones she directly experienced.

## MARCELA POPA



## STORY IDEAS

**Discover dangerous chemicals in products you use every day**Doctor reveals safer alternatives that protect you and your family from household toxins

Carcinogen contaminated ingredients in cosmetics, laundry, and cleaning products

Find out what they are and the available healthier replacements

Are your allergic reactions a mystery to your doctor?

Learn why ingredients from foods, medications, cosmetics, and even household items may be the answer

Learn how processed foods may play a role in obesity, autoimmune conditions, digestive issues, and cancers

Is your health suffering for the sake of convenience?

Medications and supplements may be contributing to sickness through their inactive ingredients

Discover which ones these are and the available alternatives

Suffering from migraine headaches?

Discover the hidden estrogen in daily products that could be worsening them

Got an abnormal mammogram?

How eliminating the estrogen-like chemicals in your daily products can make a difference in your next test

Healthier cosmetics are convenient to find and not as expensive as you think

Understand the benefits that save you money in the long run

























CONTACT INFO



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